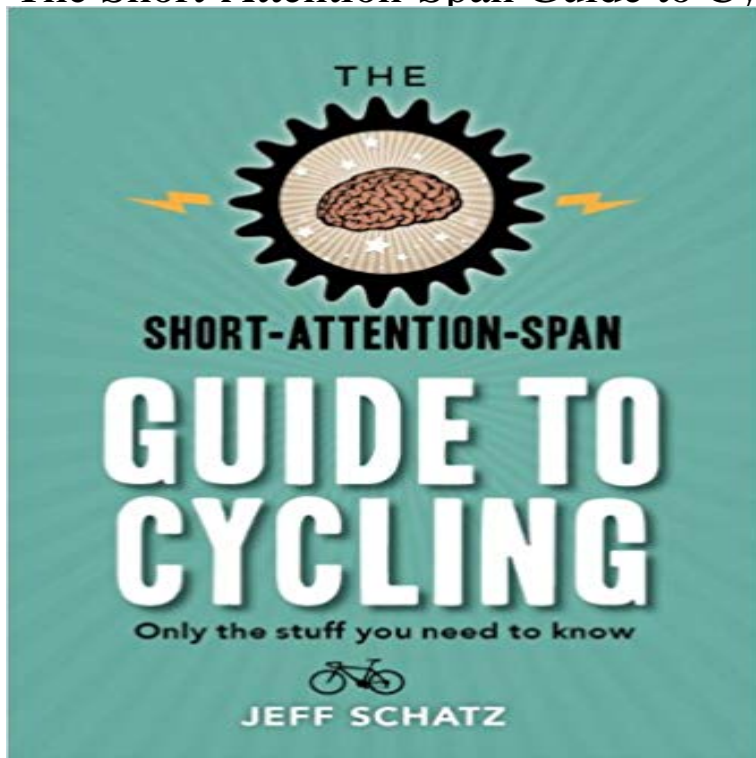


# The Short-Attention-Span Guide to Cycling



The Short-Attention-Span Guide to Cycling is the ultimate quick-read handbook for buying, riding, maintaining, or even racing, a bicycle. The real world insights and practical advice, along with over 100 photographs, will provide riders with just what they need to know without wading through unnecessary jargon or technical overkill. The author, Jeff Schatz, has been riding, commuting and racing for over 40 years. His experience, along with his easy-to-read style, combine to give readers a unique overview of one of Americas fastest growing and healthiest activities.

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